



TECHNICAL COMPETITION REGULATIONS



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TITLE I – GENERAL REGULATIONS

Article 1 - Lawful

1. It's considered to be official contests, the ones whose organization and Technical Board of Directors belongs to World All-Styles Championship Association (further mentioned as WAC) and member Associations/Federations.
2. It's considered to be private contests, the ones whose organization is of the exclusive responsibility of sponsors, singular or collective, being still obliged to follow the active Regulations.
3. Everytime it is created a Regulation for a private contest, it has to be submitted to the approval of WAC's Board of Directors who, according to the type of contest, will issue its decision, after consulting whatever is required.
4. The organization of the championships and the approval of the disputed titles is exclusive responsibility of WAC and member Associations/Federations.

Article 2 - Obligations

1. It is duty of WAC to:
 - a) Organize the official contests for WAC;
 - b) Make the sweepstakes;
 - c) Accredite all involved in the contests;
 - d) Summon the refereeing team;
 - e) Ensure that the place of performance of the contests has good conditions for sports practice and safety conditions for sports agents and the general public;
 - f) Ensure that at the place of performance of the contests, unless prior agreement, it is not sold any type of material that is not approved by WAC.
2. It is the duty of the organizing Association/Federation to:
 - a) Acquire the trophies to be awarded;
 - b) Grant medical assistance in every contest (doctor or lifeguards and an ambulance).

Article 3 - Organization and contest assignment

1. The organizations of WAC's competitions may be assigned to the Associations/Federations that present such proposal until the 31st of August of the sports season prior to the competition date.
2. It is given priority to proposals composed by the best conditions of organization, public or private funds, place for sports performance, as well as safety measures for the sports agents and the general public.
3. The applicant Associations/Federations are obliged to:
 - a) Confirm, via written method, the acceptance and the available conditions to organize the competition, assigned to them by WAC, until fifteen days after receiving the information regarding said conditions.
 - b) Send to WAC all administrative conditions required to said organization, until ninety days prior to the day of the event.
4. The Associations/Federations that do not abide by the rules above may be subject to due process according to decision from the National Refereeing Council.

Article 4 - Competitors

1. The Competitors can only subscribe to the competition when associated to a Team/School.

Article 5 - Integration in age categories

1. The age of the Competitor at the date of the Competition, will determine the category in which such Athlete will compete in.
2. As soon as the Athletes compete in an age category, such Athlete cannot compete in a category below it.



Article 6 – It is forbidden to the Competitors

1. The use of glasses, hard lenses, as well as the use of any type of jewelry, which endanger their physical integrity or the opponent. The Athlete can use contact lenses or special glasses under a helmet with visor.
2. The absorption of doping substances or any chemical substance administered on any way that maximizes physical performance, underlying the possibility of penalties according to the Anti Doping Rules of the organizing committee.
3. The Refereeing Council may disqualify any Competitor that does not meet these requirements.

Article 7 - Sports insurance

1. The sports insurance is mandatory for all Sports Agents.
2. The subscription to WAC's contests must be accompanied by the complete sports medical examination.

Article 8 - Anti doping control

1. Anti-Doping control will be carried out whenever requested for any contest, by the organizing committee.

TITLE II – COMPETITION

SECTION I – GENERAL REGULATIONS

Article 9 - Competition area and credentials

1. The competition area (6x6m or 8x8m) should be flat without obstacles and with enough size that will allow the uninterrupted execution of the presentation.
2. In all contests, the competition area must be perfectly delimited and access to it has to be controlled.
3. No person may enter the competition area, unless accredited Sports Agents and act directly on the contests.
4. May only be accredited, sports agents who are holders of valid licenses.
5. Are subject to accreditation, the following Sports Agents:
 - a) Federative and Associative Staff;
 - b) A delegate from each club in competition;
 - c) Managers and monitors with Athletes in competition;
 - d) Athletes;
 - e) Central Referees and Area Judges;
 - f) Doctors and medical masseurs;
 - g) The Press.

Article 10 - Competition organization

1. In each contest Athletes should proceed according to the specific regulation of the respective contest.
2. Coaches should refrain from making comments or recommendations to the Athlete during the technical contest. If this is not respected, the Athlete will be disqualified.

Article 11 - Refereeing

1. For each competition area there will be designated a Refereeing table formed by:
 - a) Central Referee;
 - b) 2 Judges;
 - c) There will also be designated table officials (time keeper, score keeper and announciator).
2. Before each presentation the Central Referee will inspect and approve the competitor's material.
3. The Central Referee (responsible for that competition area), will seat close to the perimeter of the



competition area facing the competitors. The other two Judges will seat at his left and right side respectfully.

Article 12 - Clothing

1. Athletes/Competidores:
 - a) Athletes must wear a clean and presentable uniform;
 - b) The uniform must be the one use by the Athlete during the practice of his/her martial style. It must be in conformity with the discipline they belong to;
 - c) Athletes will have an exemplary hygiene, short and clean fingernails and toenails and clean and gathered hair (if long) with an elastic strip;
 - d) The Refereeing Council may disqualify any Competitor who does not meet the requirements above.
2. Referees:
 - a) The Central Referee and Juries must wear the official uniform designated by the Arbitrage Committee. This uniform should be wear in all competitions and courses. The official uniforms will be constituted by:
 - Central Referee: white shirt;
 - Judges: red polo shirt;
 - Black trousers;
 - Black shoes or sneakers according to the type of trouser, to wear inside the competition area;
 - The Central Referee and Juries will have an exemplary hygiene, short and clean fingernails and toenails and clean and gathered hair (if long) with an elastic strip.

Article 13 - Competitors presentation

1. The Central Referee calls in order of demonstration, all Competitors in one category to the next competition area, checking in case of WF and after alignment of all Competitors, the state and the characteristics of each weapon.
2. When the Competitor's name is first announced by the Referee, this should line up in the back of the *Tatami*.
3. When the Competitor's name is announced for the second time, the Competitor must enter the *Tatami* facing the Central Table to start the form.
4. When the Central Referee signals the Competitor, he should place himself in the *Tatami* in the place where the performance is going to begin. When ready to begin the performance, the Competitor salutes one more time the central jury and starts immediately his performance.
5. When the performance ends, the competitor will stay in the *Tatami* till the Central Referee and side Judges finish punctuating. After the score, the Central Referee signals the Competitor so that he can respectfully leave the competition area.

Article 14 - Scoring

1. The scores are given by two Judges and the Central Referee.
2. In the event of draw, Central Referee and Judges will decide indicating at the same time the competitor with the best performance.
3. The scores can be given directly by the Central Referee and the Judges, by displayer or recorded in paper.
4. The initial score in National and Regional Championships is: 6,0.
5. The initial score in World Championships is: 8,0.
6. For each point of the evaluated criteria, the Competitor will receive:
 - a) - 0,1 if he/she has a bad performance;
 - b) + 0,1 if he/she has an excellent performance;



- c) If the Competitor makes a mistake but continues his demonstration, will receive - 0,5;
- d) If the Athlete stops the demonstration, will receive 0,0 as final punctuation.

Article 15 - Competition contests

1. The contest divisions to compete in, are the following:
 - a) Empty Hands Forms (further mentioned as EHF):
 - In EHF, the Competitor shows his/her skill with a Form of his/her choice;
 - EHF is divided in Soft Styles and Hard Styles (categories till 13 years old only compete in open style);
 - The Competitors may execute a different Form in each eliminatory;
 - The use of traditional weapons, auxiliary or additional equipments it is not allowed.
 - b) Weapon Forms (further mentioned as WF):
 - In WF, the Competitor shows his/her skill with a Form with weapon of his/her choice;
 - WF is divided in Soft Styles and Hard Styles (categories till 13 years old compete only in open style);
 - The Competitors may execute a different Form in each eliminatory;
 - No cutting blades are allowed.
 - c) Team Empty Hands Forms (further mentioned as TEHF):
 - Teams must be composed of 2 to 5 members;
 - Mixed Teams are allowed;
 - In TEHF, the Competitors show their skills with a Form of their choice;
 - The competitor team may execute a different Form in each eliminatory;
 - The use of traditional weapons, auxiliary or additional equipments it is not allowed.
 - d) Team Weapon Forms (further mentioned as TWF):
 - Teams must be composed of 2 to 5 members;
 - Mixed Teams are allowed;
 - In TWF, the Competitors show their skills with a Form with weapon of their choice;
 - The competitor team may execute a different Form in each eliminatory;
 - No cutting blades are allowed.
 - e) Creative Empty Hands Forms (further mentioned as CEHF):
 - In CEHF, the Competitor shows his/her skill with a Form of is choice;
 - During the competition Athletes may execute Forms from the official technical program of his Method/Style with the alterations and/or variations they should fit;
 - The Competitors may execute a different Form in each eliminatory;
 - The competitors may accompany their Form with music being compulsory to inform the Judges Table.
 - f) Creative Weapon Forms (further mentioned as CWF):
 - In CEHF, the Competitor shows his/her skill with a Form with weapon of is choice;
 - During the competition Athletes may execute Forms from the official technical program of his Method/Style with the alterations and/or variations they should fit;
 - The Competitors may execute a different Form in each eliminatory;
 - The competitors may accompany their Form with music being compulsory to inform the Judges Table;
 - The use of traditional weapons, auxiliary or additional equipments it is only allowed.
 - g) Street Self Defense (further mentioned as StSD):
 - Teams must be composed of 2 to 4 members performing as agressors plus 1 member as the defender;
 - Mixed Teams are allowed;



- Each team should present street self-defense situations or realistic performances, being one of those situations, at least, performed with an aggressor object (rubber, wood or metal without cutting blades);
 - Each team will present the techniques a first time in slow motion and after, in real motion.
- h) Scenic Self Defense (further mentioned as ScSD):
- Teams must be composed of 2 to 4 members performing as aggressors plus 1 member as the defender;
 - Mixed Teams are allowed;
 - Each team should present scenic self-defense situations or realistic performances, being one of those situations, at least, performed with an aggressor object (rubber, wood or metal without cutting blades);
 - Each team will present the techniques a first time in slow motion and after, in real motion.

SECTION II – COMPETITIVE CLASS

Article 16 - Competition categories

1. In EHF and WF, male and female Athletes will compete in separate categories.
2. In TEHF, TWF, CEHF, CWF, StSD and ScSD, male and female Athletes will compete in the same category.
3. The categories are divided according to age and belt ranking, except:
 - a) If the number of registered Athletes in the Competition does not justify the division of a category for belt ranking, it will be open for belt ranking, keeping only the division by age.
 - b) If the number of registered Athletes in the Competition does not justify the creation of a certain category by age, the Organizing Committee shall notify the coaches of these Athletes, and if they agree, the Athletes in question will move into the next category that maintains the same belt ranking.
4. The official categories are:
 - a) EHF and WF:
 - 4/5 years – open;
 - 6/7 years – open;
 - 8/9 years – color / brown and black belts;
 - 10/11 years – color / brown and black belts;
 - 12/13 years – color / brown and black belts;
 - 14/15 years – color / brown and black belts;
 - 16/17 years – color / brown and black belts;
 - 18/29 years – color / brown and black belts;
 - 30/39 years – color / brown and black belts;
 - +40 years – color / brown and black belts.
 - b) TEHF and TWF:
 - 4/8 years – open;
 - 9/13 years – open;
 - 14/15 years – color / brown and black belts;
 - 16/17 years – color / brown and black belts;
 - 18/29 years – color / brown and black belts;
 - +30 years – color / brown and black belts.
 - c) CEHF and CWF:
 - 4/8 years – open;
 - 9/13 years – open;
 - 14/17 years – open;
 - +18 years – open.

- d) StSD and ScSD:
- 4/13 years – open;
 - 14/17 years – open;
 - 18/29 years – open;
 - +30 years – open.

Article 17 - Safety equipment

1. If it is necessary use the following protective equipment in StSD and ScSD contests:
 - a) Groin protector:
 - Optional to both male and female Athletes, though if used it must be worn under the uniform;
 - b) Breast protector:
 - Optional to female Athletes, though if used it must be worn under the uniform.
2. All protective equipment must be previously approved by the Refereeing Council.

Article 18 - Duration of the demonstrations

1. The performances in EHF, WF, TEHF, TWF, CEHF, CWF, StSD and ScSD cannot be longer than 5 minutes, including, in StSD and ScSD, the slow motion execution.
2. If the time limit is exceeded, the Athlete (in EHF, WF, CEHF and CWF) or the Team (in TEHF, TWF, StSD and ScSD) will be disqualified.

Article 19 - Scoring criteria

1. EHF and TEHF:
 - a) Presence - Respectful attitude, introduction and spirit showed by the athlete;
 - b) Execution – Correct sequence of the Form, coordination;
 - c) Application – Realistic demonstration of the meaning of the Form;
 - d) Technique - Defined, clear and understandable gestures;
 - e) Energy - Correct execution of the techniques showed;
 - f) Breathing – Correct breathing applied to the execution of the technique;
 - g) Posture – Correct positioning of the body in executing the techniques;
 - h) Balance – Keeping the equilibrium during the execution of the Form;
 - i) Rhythm – Fluidity of the different Form rhythms;
 - j) Difficulty - Level of difficulty of the Form execution considering the age and graduation of the Athlete.
2. WF and TWF:
 - a) Presence - Respectful attitude, introduction and spirit showed by the athletes;
 - b) Execution – Correct sequence of the Form, coordination;
 - c) Application – Realistic demonstration of the meaning of the Form with weapon;
 - d) Technique - Defined, clear and understandable gestures;
 - e) Energy - Correct execution of the techniques showed;
 - f) Breathing – Correct breathing applied to the execution of the technique;
 - g) Posture – correct positioning of the body in executing the techniques;
 - h) Balance – Keeping the equilibrium during the execution of the Form;
 - i) Rhythm – Fluidity of the different Form rhythms;
 - j) Difficulty - Level of difficulty of the Form execution considering the age and graduation.

3. CEHF and CWF:

- a) Presence - Respectful attitude, introduction and spirit showed by the athletes;
- b) Execution – Correct sequence of the Form, coordination;
- c) Choreography – Interpretation of the techniques, acrobatic and spectacular effects of the Form;
- d) Technique - Defined, clear and understandable gestures;
- e) Energy – Mental strength and energy used in the correct moment;
- f) Breathing – Correct breathing applied to the execution of the technique;
- g) Posture – Correct positioning of the body while executing the techniques;
- h) Balance – Keeping the equilibrium during the execution of the Form;
- i) Rhythm – Fluidity of the different Form rhythms;
- j) Difficulty - Level of difficulty of the Form execution considering the age and graduation of the athlete.

4. StSD:

- a) Respectful attitude, introduction and spirit showed by the Athletes;
- b) Team and techniques coordination and synchronism;
- c) Fluidity and rhythm in the application of the techniques;
- d) Level of difficulty of the techniques;
- e) Correct execution of the techniques showed (defined, clear and understandable gestures);
- f) Variety of the techniques performed;
- g) Concentration demonstrated;
- h) Speed in performing the technique;
- i) Realism of the performance which must keep to street situations;
- j) Effectiveness and precision of the techniques.

5. ScSD:

- a) Respectful attitude, introduction and spirit showed by the Athletes;
- b) Choreography (technique interpretation, acrobatic and spectacular features);
- c) Team and techniques coordination and synchronism;
- d) Fluidity and rhythm in the application of the techniques;
- e) Level of difficulty of the techniques;
- f) Correct execution of the techniques showed (defined, clear and understandable gestures);
- g) Variety of the techniques performed;
- h) Realism of the performance which must keep to street situations.

6. In the WF and the CWF all evaluation criteria should take into account the relationship between Competitor and the weapon. This should be operated as an extension of one's body.
7. In TEHF all evaluation criteria take into account the coordination and harmony between the various team members.
8. In the TWF all evaluation criteria should take into account the relationship between competitors and weapons (they shall be operated as an extension of one's body), coordination and harmony between the various team members.
9. In StSD and ScSD, only the defender's performance will be evaluated.

Article 20 - Classification and individual awards

1. Athletes without opponent will be declared winners in their category.
2. Awards to be given to the Athletes:
 - a) To the 1st place, a Medal and the Champion Certificate.



b) To the 2nd and 3rd place, a Medal and a Certificate.

Article 21 - Awards ceremony

1. The Awards are given to the Athletes as soon as the winner of the respective category is known.
2. The Certificates must be filled before being delivered to Athletes.

TITLE III – FINAL REGULATIONS

Article 24 - Fulfilment, omissions and implementation

1. These regulations require your full compliance.
2. Who violates these regulations, may be subject to the penalties provided in the General Regulations and Disciplinary Policy of WAC.
3. All omissions in these Regulations shall be resolved by the Board of Directors of WAC.
4. The Refereeing Council reserves the right to amend this regulation until one day before the beginning of an organized competition.

Information updated on 2015-03-18, according to official standards approved by the WAC Refereeing Council.